

Comic Sutra Laughing and Loving

The Laughing Sex Institute has just released the results of a ten year study on how lovers get laughing during sex.

APTOS, CA. October 23, 2007 - - The Laughing Sex Institute has just released the most exhaustive study ever conducted to discover the hidden secrets of how lovers get laughing together in bed.

The results are conclusive. We love people we laugh with! It's called Belly Laugh Bonding.

Couples who have experienced true laughter during sex usually describe it as the "Best sex we've ever had!"

The three most common ways people get laughing during sex are:

- 1) Something Unexpected Happens - You fall out of bed, or the bed suddenly breaks from your passion
- 2) Sex in Unusual Places - The feeling "We're doing this here?"
- 3) Noisy Sex - People exaggerating the sounds of their lovemaking or speaking in accents because it makes them feel funny and sexy

"Most humor is based on incongruence. Two things together we don't expect together that makes us laugh," says Penny, Author of COMIC SUTRA LAUGHING SEX featuring over a hundred Laughing Sexercises that get couples laughing together in bed.

The Laughing Sex Institute at LaughingSex.com has asked tens of thousands of people: How have you gotten laughing during sex? What sexual experience do you remember with the biggest smile?

Many couples first discover laughing sex when something unexpected happens - like the dog walks in and starts licking the bottom of your feet, or the canoe capsizes right at the point of orgasm - you laugh in a state of sexual union and discover what a wonderful aphrodisiac laughter can be.

Laughing and loving are the two things most people enjoy doing most!

The Inuit Eskimo word for sex is "Laughing together in bed."

Studies at Stanford University have found the heartbeat and breath of laughing couples - the two most basic rhythms of life - synchronize when we laugh together.

If you study the personal ads a beautiful smile and a good sense of humor are the most frequently mentioned turn-ons both men and women seek when they describe sex appeal world wide.

Last month LaughingSex.com received over 20,000 visitors from 164 countries speaking 62 languages. Visitors are leaving [funny laughing sex stories from around](#)

the world that's living proof [laughter is the universal language of love and sex world wide](#).

[Comic Sutra Laughing Sexercises](#) range from the ancient Taoist technique of Smiling at Your Organ – smiling in a state of sexual arousal for greater potency – to Tibetan Armpit Kissing, Laughing Genital Examinations, Erotic Tickling, Slap Happy Sex, and Laughing Orgasms... alone or with a partner.

Penny says serious laughing sex researchers experience multiple laughing orgasms with no recovery time. "We don't really know how this happens, but we think it has something to do with the fact that he who laughs, lasts. Laughter, like orgasm, is another form of tension release. Laughing during sex can slow sexual tension moving too quickly to climax."

"Men are discovering around the world if they crack-up on the second squirt of their ejaculation they come twice with no wet-noodle phase in between. Try it and see. You don't need anything to laugh about... just crack yourself up from the pure joy of it all!"

"Something has to be really funny to laugh for ten seconds - so you can obviously have sex much longer than you can laugh," says Penny. "Laughing sex doesn't replace the sex you're now enjoying. The idea's to see how these wonderful moments of laughter make sex more fun by spreading the pleasure from your genitals to your whole being."

"Of course no one wants to be laughed at. For safe sex, laughing sex requires trust. No jokes at your partner's expense. Don't laugh and point." If the laughter's not loving don't do it.

Laughing sex isn't for everyone - but for those willing to take the risks humor requires you may discover exciting new aspects of your partner's sexuality you never knew were there because nothing reduces inhibitions like humor!

"I think if more people were laughing and loving it would be a better world." Penny.

COMIC SUTRA LAUGHING SEX 100 page guide is \$20.00. It's available at [LaughingSex.com](#) on Amazon.com, or by calling 1-800-688-1800 Laughing Sex Institute 7960 B Soquel Dr. #377 Aptos, CA 95003

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"This is a message that's positive and uplifting about sex which is often scary in today's world," says Michael Lowey Ph.D. Sex Education Director at the University of California, Santa Barbara where Penny has taught Laughing Sex workshops as part of the campus's safe sex program.

"Future Sex Beyond Porn – Get Penny's Book" Rob Brezsnay [Free Will Astrology](#)